

# 2022-2023 ADULT PROGRAMS

## Monday

### Singles Strategy & Tactics, 9:30–11:00am

Level: NTRP rating of 3.5 and above  
Cost: \$28 members only

### Monday Doubles League, 12:30–2:00pm

Level: NTRP rating of 3.5 and above  
Format: Progressive  
Cost: \$15 members only

### Men's A Drill, 6:00–7:30pm

Level: NTRP rating of 4.5 and above  
Format: Stroke production, strategy, & tactical drills  
Cost: \$24 members only

### Women's B Drill, 6:00–7:30pm

Level: NTRP rating of 3.5 and above  
Format: Stroke production, strategy, & tactical drills  
Cost: \$24 members only

### Men's B Drill, 7:30–9:00pm

Level: NTRP rating of 3.0 to 3.5  
Format: Stroke production, strategy, & tactical drills  
Cost: \$24 members only

## Tuesday

### Women's B2 Drill, 9:30–11:30am

Level: NTRP rating of 3.5  
Format: Strategy and tactical drills  
Cost: \$32 members only

### Beginner Clinic, 6:00–7:00pm

Level: Beginner  
Format: Fundamentals of technique  
Cost: \$16 members, \$21 nonmembers

## Tuesday, con't

### Men's B Doubles League, 8:30–10:30pm

Level: NTRP rating of 3.0 to 4.0  
Format: Progressive  
Cost: \$21 members only

## Wednesday

### Women's 2.5–3.0 Drill, 10:30am–12:00pm

Format: Stroke production and strategy  
Cost: \$24 members only

### Cardio Tennis, 2:00–3:00pm

Level: All levels welcome  
Format: Heart-pumping fitness/tennis  
Cost: \$15 members, \$20 nonmembers

### Women's Night Drill, 6:30–8:00pm

Level: NTRP rating of 3.5–4.0  
Format: Strategy and tactical drills  
Cost: \$24 members only

### Men's A Doubles League, 8:00–10:00pm

Level: NTRP rating of 4.0 and above  
Format: Progressive  
Cost: \$21 members only

## Thursday

### Super A Drill, 9:30–11:30am

Level: NTRP rating of 4.5 and above  
Format: Strategy and tactical drills  
Cost: \$32 members only

### Men's 3.5–4.0 Drill, 8:30–10:00pm

Format: Drill and play  
Cost: \$24 members only

## Friday

### Intermediate Clinic, 6:30–8:00pm

Level: NTRP rating of 2.5 to 3.0  
Format: Stroke production  
Cost: \$25 members, \$30 nonmembers

## Saturday

### Singles Strategy & Tactics, 9:00–11:00am

Level: NTRP rating of 3.5 to 4.0  
Cost: \$38 members only

## Sunday

### Davis Cup, 11:00am–1:00pm

Level: 4.5 & above (men), 5.0 & above (women)  
Format: Singles and doubles play  
Cost: \$22 members only

### Mixed Doubles, 4:00–6:00pm

Format: Round-robin competition  
Cost: \$19 members only

## Private Lesson Rates

### Member

1-Person Private	\$80/person/hour
2-Person Semi-private	\$41/person/hour
3-Person Semi-private	\$28/person/hour
4-Person Semi-private	\$22/person/hour

### Nonmember

1-Person Private	\$88/person/hour
2-Person Semi-private	\$49/person/hour
3-Person Semi-private	\$36/person/hour
4-Person Semi-private	\$30/person/hour