# 2023-2024 ADULT PROGRAMS

### **Monday**

Singles Strategy & Tactics, 9:30-11:00am

Level: NTRP rating of 3.5+ Format: Singles drills & point play

Cost: \$28 members only

Monday Doubles League, 12:30-2:00pm

Level: NTRP rating of 3.5+ Format: Progressive Cost: \$15 members only

Men's 4.0-4.5 Drill, 6:00-7:30pm

Format: Stroke production, strategy & tactical drills

Cost: \$24 members only

Women's 3.5 Drill, 6:00-7:30pm

Format: Stroke production, strategy & tactical drills

Cost: \$24 members only

Men's 3.0-3.5 Drill, 7:30-9:00pm

Format: Stroke production, strategy & tactical drills

Cost: \$24 members only

# **Tuesday**

Women's B2 Drill, 9:30-11:30am

Level: NTRP rating of 3.5 Format: Strategy & tactical drills

Cost: \$32 members only

Women's 2.5-3.0 Drill, 12:00-1:30pm

Format: Stroke production & strategy

Cost: \$24 members only

Beginner Clinic, 6:00–7:00pm

Level: Beginner

Format: Fundamentals of technique Cost: \$16 members, \$21 nonmembers

### **Tuesday**

Men's B Doubles League, 8:30-10:30pm

Level: NTRP rating of 3.0 to 4.0

Format: Progressive Cost: \$21 members only

## Wednesday

Cardio Tennis, 2:00–3:00pm

Level: All levels welcome

Format: Heart-pumping fitness/tennis Cost: \$15 members, \$20 nonmembers

Women's 4.0+ Drill, 6:30-8:00pm

Format: Strategy & tactical drills

Cost: \$24 members only

Men's A Doubles League, 8:00-10:00pm

Level: NTRP rating of 4.0 and above

Format: Progressive Cost: \$21 members only

## **Thursday**

Super A Drill, 9:30-11:30am

Level: NTRP rating of 4.5+ Format: Strategy & tactical drills Cost: \$32 members only

Women's 3.0 Drill, 6:30-8:00pm

Format: Strategy & tactical drills

Cost: \$24 members only

Men's 3.5-4.0 Drill, 8:30-10:00pm

Format: Drill & play Cost: \$24 members only

### **Friday**

Intermediate Clinic, 6:30-8:00pm

Level: NTRP rating of 2.5 to 3.0 Format: Stroke production

Cost: \$25 members, \$30 nonmembers

## **Saturday**

Singles Strategy & Tactics, 9:00-11:00am

Level: NTRP rating of 3.5+

Format: Singles drills & point play

Cost: \$38 members only

## Sunday

Davis Cup, 11:00am-1:00pm

Level: NTRP rating of 4.5+ (men), 5.0 (women)

Format: Singles and doubles play

Cost: \$22 members only

Round-Robin Mixer, 4:00-6:00pm

Level: NTRP rating of 3.0 to 4.0

Cost: \$20 members only

#### **Private Lesson Rates**

#### Member

1-Person Private \$84/person/hour 2-Person Semi-private \$43/person/hour 3-Person Semi-private \$29/person/hour 4-Person Semi-private \$23/person/hour

Nonmember

1-Person Private \$92/person/hour 2-Person Semi-private \$51/person/hour 3-Person Semi-private \$37/person/hour 4-Person Semi-private \$31/person/hour

